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Tracking Parkinson's
(PRoBaND: Parkinson's Repository of Biosamples and Networked Datasets)

L-dopa test dose – Guide notes for patients

We would like to measure the effect of your Parkinson's medication at your next visit. A single test dose of your medication is given as below.

This visit is planned for _____ (date) at _____ (time)

Please bring your Parkinson's medications with you, when you attend for this visit.

Please miss out your Parkinson's medicines just before your next visit, as explained below.

Tick if appropriate, and Score through where not applicable

A. L-dopa preparations

Please miss out your morning dose of _____ on the day of your next clinic visit.

B. Dopamine Agonist: Standard Release

Please miss out your last bedtime dose (the day before your visit) **AND** your first morning dose of _____

C. Dopamine Agonist: Modified Release

Please miss out your _____ which you usually take at _____ p.m. on the evening before your next clinic visit.

D. Dopamine Agonist: Modified Release

Please miss out your _____ which you usually take at _____ a.m. on morning of your next clinic visit.

Please also take any other medication as usual and only miss out the doses indicated above.

If you do not feel you can manage to attend the hospital having omitted your Parkinson medication, you may come to the hospital after your first morning dose and wait until you are due your next dose of L-dopa-based treatment.

Your Parkinson features will be scored when you come to the clinic, then you will be given your usual morning dose of L-dopa-based treatment, and then after 20-30 minutes you will have a repeat assessment of your Parkinson features.

Thereafter you can return to taking your medication as usual.